

A Cause to Pause: Some things You Should Know Before Immunizing Your Child

Immunization is an issue that all parents are faced with; yet only a few ask about the safety and effectiveness of this procedure. As a new parent I was fortunate to have a pediatrician who took the time to explain to me about vaccination and was willing to answer my questions. He also did not take account when I stopped immunizing my children, because of an adverse effect. This account went unreported. I did not know that I should have reported it and I was not alone in thinking that. Each year, according to the Federal Drug Administration (FDA), 90% of all reactions, including fatalities caused by vaccinations go unreported. Yet, annually an average of 12,000 adverse effects are reported, hundreds of which are deaths. The herb ephedrine (ma huang) was implied as the cause of 100 deaths and was promptly pulled from the market by the FDA, without investigation and rightfully so (Whitney and Rolfes, 288). As the vanguard of public safety the FDA should err on the side of caution. Yet why are vaccines still on the market when 700 deaths were reported and confirmed in a 20 month period, as reported to the Vaccine Adverse Event Reporting System (Bernardini, 249). Are ALL of our children being served by vaccines ?

When approaching the question of immunization, one has to be logical and detached because it is such an emotional issue. Everyone has the right to choose for themselves when and if vaccination is for their child. Today this is not the case. If one does choose to exempt their child/children, they are thought of as "backwards" and uncaring. On the rare occasion, a child may be removed from their parent's custody. As citizens of a democratic society, it is our responsibility to ask questions. I do not mean to imply that immunization is completely without efficacy, but how many of us are truly familiar with the science behind immunization?

An Old Debate : Pasteur vs. Bernard

Immunization is based on the model Louis Pasteur (1822-1895) invented with his system of pasteurization. Pasteur, who was not a medical doctor and held no degree (he held an honorary degree) believed that the blood and tissue of a health organism should be completely sterile. He believed that an organism containing bacteria would cause the organism to "putrefy" or decay. However, this is not the case. Humans have hundreds of thousands of "passengers," many whom are extremely necessary for our survival. In fact, some scientists believe that the very powerhouses of our cells, the mitochondria, were once foreign matter that over time established a symbiotic relationship with us. We are all "contaminated" by foreign matter, but why are we not all sick? If the only role viruses and bacteria play is to cause illness, there would be no one left on this planet. Yet, we base the efficacy of immunization on this wrong theory.

Dr. Herbert Shelton, N.D. said "germs feed on excretions . . . They break up and consume the discharge from tissues. This is the function ascribed to germs everywhere in nature outside the body and is their real and only function in disease" (Bernardini, 277). In other words, a healthy organism contains healthy germs. This is not to say that diseases do not exist. This is to say that unhealthy bacteria do not attack healthy organisms because their foods, toxins excreted from the body, do not exist. There is a saying in Islam that the Devil circulates in humans like blood circulates in the body. In essence what this means is that pollutants or impurities that we excrete circulate in our blood and attract germs. If so, where do these pollutants originate? The major source is from our own poor dietary choices. Sugar is a known poison and the preferred food of cancer. Unfortunately more and more, environmental contaminants like radiation, pesticides and plastics (PCBs) are playing an increasing role in contamination our bodies. Yet, humans are the source of this contamination as well.

Claude Bernard (1813-1878) believed that the "microbe is nothing and the terrain is everything" (Bernardini, 277). Meaning that the health condition of the person depends more on the environment inside their body, no one gets sick just because they are exposed to a virus or bacteria. People become ill because the body is primed for

disease states because they contain the "food" for these pathogens. An example is how Candida and cancer feed on sugar. Even very necessary hormones produced by our bodies can become pathological in excess. Estrogen dominance feeds breast and prostate cancer.

In 1914 and 1918 in Canada a number of volunteers agreed to drink water contaminated with diphtheria. They drank millions of the bacteria without becoming ill. The bacteria were then swabbed into their nostrils and under their tongues with no effect. The same was done with tuberculosis, typhoid, meningitis, pneumonia and a combination of them, with not one illness. Five years later there was still no disease. Other tests were conducted in the US and Canada in 1918 and 1919 with the same results- no illnesses (Bernardini, 285). If placing bubonic plague, cholera, typhoid, the deadly influenza of 1918 into the nostrils and under the tongues of people does not cause illness what does? Many scientists around the world, past and present, believe that poor sanitation and malnutrition are the real causes of disease.

What Is In a Vaccine?

Besides the virus itself, many toxic substances are in vaccines. Please refer to Table 1:1 for an overview of some of them. Most notably mercury, in the form of the preservative thimerosal and in the actual manufacture of some vaccines, is one example. The former head of toxicology for the World Health Organization (WHO), Lars Friberg, M.D. states, "There is no safe level of mercury and no one has actually showed there is a safe level, and I would say mercury is a very toxic substance" (Bernardini 257). These substances like aluminum, mercury and formaldehyde are known carcinogens (cancer causing). Thimerosal was once considered safe by the FDA, but then they pledged to remove it from all vaccines by 2001. However, this does not exempt doctors from using their stores of mercury containing vaccines, since there was no recall issued.

So what is so dangerous about these substances? First of all these substances are extremely toxic and are heavily regulated by the FDA. There are strict limits to the amount of these substances that one should consume in a day, but that amount does not extend to immunizations. In 2002 the FDA determined that a baby in the first six

months of their life is exposed to more mercury than is considered safe through immunization (Bernardini, 262).

Table 1:1 Toxic Substances in Vaccines <i>Taken from the African Center of Wellbeing, Inc.</i>
<p>ALUMINUM: a neuro-toxin which has been associated w/ Alzheimer's, disease, dementia and seizures; aluminum is carcinogenic in laboratory mice and added to vaccines to "promote antibody response."</p> <p>THIRMERSOL: a sodium salt derived from the deadly poison mercury and used as a disinfectant and preservative; thirmersol has been linked to brain and kidney damage as well as immune and neurological disorders; it is a component of vaccines for DPT, tetanus, hepatitis B and Hib.</p> <p>FORMALDEHYDE: a major component of embalming fluid, which of course is pumped into dead people to keep them dead; a known cancer-causing chemical, this toxic substance is used to "inactivate" viruses and detoxify bacterial toxins; formaldehyde has also shown to be injurious to the liver and to trigger gene mutations.</p> <p>CARBOLIC ACID (PHENOL): believed to cause gender mutation; a deadly poison used as a disinfectant, dye;</p> <p>ANTI (AGAINST) BIOTICS (LIFE): Neomycin, Streptomycin and a variety of other drugs - to which increasing numbers of the population are demonstrating serious allergies and to which increasing numbers of microbes are developing genetically-transmitted tolerance;</p> <p>ACETONE: used in fingernail polish remover and as a solvent;</p> <p>ALUM: used as a preservative;</p> <p>GLYCERIN: a tri-atomic alcohol extracted from natural fats which are putrefied and decomposed; toxic effects damage the kidneys, liver, lungs and "pronounced local tissue damage, gastrointestinal damage and death"; and</p> <p>TOXIC CHEMICALS & DRUGS: trace elements of other chemicals such as sodium hydroxide, sorbitol, hydrolyzed gelatin, benzethonium chloride, methylparaben; some of which are known or suspected of causing cancer.</p>

Children, especially babies do not have the liver and kidney detoxification capabilities to remove the excessive toxins that are placed in vaccines. Some people because of genetics or susceptibility due to other toxic exposures are also unable to excrete these substances. It is this inability in children that leads to autism, learning disabilities, hyperactivity, mental retardation, dyslexia and epilepsy (Bernardini, 254). In the U.S. 1 out of 150 children have autism. The ratio is even higher for Great Britain. Here is a brief example of a link between vaccination and autism:

Liz Burt's son Mathew was developing normally, at 15 months he received his MMR vaccine, he began to regress and was diagnosed with autism. Since the time of his vaccination, he's had chronic diarrhea. He did not sleep. Liz took him to numerous doctors, but none could help her. Finally she took her son to the Royal Free Hospital in London where he was examined. The doctors found that her son was severely constipated. The parents could not believe this since their son was plagued by continual diarrhea. An X-ray revealed a compounded fecal mass in his large intestine the size of a cantaloupe (Mathew is 5). The blockage was removed and after an endoscopy and colonoscopy, his bowel lesions

tested positive for measles virus. (US House of Representatives Government Reform Committee meeting April 6, 2000, titled "Autism: Present Challenges, Future Needs-Why the Increased Rates?")

One has to be callous or unthinking to dismiss this story and thousands like them. We at least owe it to our suffering children and families to explore this link.

In addition vaccines can contain the cells of aborted fetuses, contaminated lines from other species or HeLa cells (cancer cells from Harriet Lacks who died from cervical cancer in the 1950's who's cells are used for research and routinely contaminate other lines of cells). If thus far this is not enough to cause pause, please read on. (Cantwell)

Each vaccine carries a list of counter indications on its label or people who should not be immunized. Yet many physicians do not inform their patients or there may be no way of knowing a 1-5 month old baby is allergic to eggs or chicken feathers. A counter indication for Measles and Rubella is a weak immune system and every doctor knows that all children under 1 have severely weak immune systems. Please refer to table 2:2 for other counter indications.

Table 2:2 Counter Indications: Who Should Not Use Vaccines According to the Manufactures.
Reprinted from, *The Truth About Children's Health*, Bernardini 2003

Polio

Children under 6 weeks old; people who are ill or who have cancer of the lymph system

Measles

Children under 15 months of age; pregnant women, sick people. Those allergic to eggs, chicken feathers and people with cancer or a weak immune system.

Rubella

Pregnant women, people allergic to eggs, chicken or duck feathers, cancer, blood disease or a weak immune system.

DPT (diphtheria, tetanus and pertussis)

Children with an illness of any time within the last month prior to immunization, including a runny nose. Children who have family members who had severe reactions to DPT. Children with family members with a history of convulsions or neurological disease or allergies. Premature birth or children over seven. Children who are taking medications to suppress the immune system or had a negative reaction in the past or have a history of convulsions or neurological disorders.

Since no one regulates the vaccine industry the strength of each dose lot varies and very potent lots are known as "hot lots." These "hot lots" are associated with a high number of reported adverse reactions. Some people still do not acknowledge that there are hot lots since they state there is no way to prove a fever is caused by a vaccine, but the National Vaccine Information Center states that in the 50 year history of vaccination, 'hot lots' have been reported(<http://www.nvic.org/Issues/VAERS.htm>). These hot lots are associated with high rates of hospitalization, injuries and deaths (Bernardini, 268)

Does Immunization Work?

There have been no long term studies proving vaccines safety or to show that they work. There is no double-blind study to support immunization. One might add there is no double blind study to discredit immunization. However we have a long paper trail of dead and injured babies and children as compiled by the Vaccine Adverse Events Reporting System (VAERS). Also, as of 2000, the National Childhood Vaccine Injury Act has paid over more than \$1 billion for injuries and deaths since 1986. This program dismisses 90 percent of all claims (Bernardini, 250).

Dr. Bart Classen, MD., founder and CEO of Classen Immunotherapies, stated to Congress in 1999 that, "It is clear . . . that the government's immunization policies . . . are driven by politics and not by science" (Philips, part 3, 5). The US government and the WHO all claim that all major infectious diseases were eradicated by vaccination, however, the data tends to prove otherwise (please refer to table 3:1). Many of the

diseases that are claimed to have been eradicated were beginning to die out. In the case of Africa, the forced vaccination of smallpox in the 1970's may have left AIDS in its wake due to the reuse of syringes. This is a practice that continues today where hospitals act as amplification zone of disease because of this unhygienic practice. According to the British Association for the Advancement of Science, childhood disease decreased 90% between 1850-1940, due to better sanitation and hygiene (Philips, part1, page7)

<p>Table 3:1</p> <p>Measles</p> <p>The year 1900 reported 13.3 measles deaths per 100,000 people. By 1950, 0.03 deaths per 100,000 people were reported. This was a 97.7% decline. Vaccination against measles was begun in 1963. The death rate remained the same in the mid-1970's. The WHO states that vaccination increases the chances of getting measles by 14 times. The Center for Disease Control (CDC) reports that measles outbreaks occur where 95% of the cases were vaccinated. There was even a report of an outbreak in a population 100% vaccinated.</p>
<p>Pertussis in DPT (Whooping Cough)</p> <p>This vaccine is regularly used in lab rats to cause a "significant increase in diabetes." (Bernardini,265) This same vaccine is also used in animal experiments to cause " anaphylactic shock or to cause allergic encephalitis." (Bernardini, 267) Sudden Infant Death Syndrome (SIDS) is linked to this vaccine. (Bernardini, 265) In Japan they raised the age for vaccination to two years and went from 17th in infant mortality to 1st ((Philips, p1, 4) DPT shots are administered at ages 2 and 4 months, 85% of SIDS deaths are reported between the ages of 1-6 months. (Bernardini, 265) Declined 97% prior to vaccination. (Bernardini, 265) England saw a drop in deaths from whooping cough in the 1970's when vaccination rates dropped to 30%. (Philips, part 1, page 5) Almost all of the awards handed out by the National Childhood Vaccine Injury Act have been for DPT. (Bernardini, 268)</p>
<p>Polio</p> <p>A recent study published in the <i>New England Journal of Medicine</i> reported Romanian children contracting polio from the vaccine. It was also found that one injection of polio increase the chances of getting the disease by eight times after 1 month. The rate increases with each vaccination. The definition of Polio narrowed over the years. Before immunization polio was reported if paralysis lasted longer than 24 hours. That time has been expanded to 60 days. Aseptic meningitis, which is similar to polio, was once reported as polio. (Bernardini, 271)</p>
<p>Smallpox</p> <p>Today in the US there is no mandatory immunization for smallpox. If the theory of immunization was sound, we would continue to be vaccinated because smallpox should still pose a threat to human health. The case of smallpox lends proof to the belief that infectious diseases have a natural life cycle and die off.</p>

Dr. Guylaine Lanctot, M.D. states " The medical authorities keep lying. Vaccination has been a disaster on the immune system. It actually causes a lot of illnesses. We are actually changing our genetic code through vaccinations . . .100 years from now we will know that the biggest crime against humanity was vaccination." (Philips, Part 3, pg 6) In 2000 the American Society of Physicians and Surgeons (AAPS) voted unanimously to place a moratorium on mandatory child vaccinations "to which

children are . . .subjected without . . .information about potential adverse side effects" (Philips, Part 3, page 4).

Sources

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